



Talk It Over
Choosing A Spirit-Led Life
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Jesus: "The Father will give you another HELPER who will be with you forever! That Helper is the SPIRIT OF TRUTH. The world cannot accept him because it doesn't see or know him. But you know him because he lives with you and will be in you." John 14:16-17 (GW)

**SIX WAYS THE HOLY SPIRIT WANTS TO HELP YOU EVERY DAY
HE WANTS TO HELP ME . . .**

- 1. Know what I need to know**
"When the Spirit of Truth comes, he will lead you into all Truth." John 16:13 (NCV)
- 2. Get where I need to go**
"Then the Spirit told Philip, "Go catch a ride with that chariot." Acts 8:29
- 3. Say the right things**
". . . do not worry about what to say or how to say it. At that time you will be given WHAT TO SAY, for it will not be you speaking, but the Spirit of your Father speaking through you." Matthew 10:19-20 (NIV)
- 4. Wait for God's perfect timing**
"We are led by the Spirit TO WAIT in the confident hope of righteousness through faith". Galatians 5:5 (NJB)
- 5. Resist things I can't normally resist**
"The desires of self-indulgence are always in opposition to the Spirit, and the desires of the Spirit are in opposition to your self-indulgence . . . which keep you prevented from doing the things that you want to. But when you are led by the Spirit, you are not in bondage to the Law." **Galatians 5:17-18 (NJB)**
- 6. Avoid dangers and mistakes**
"The Holy Spirit warned Paul not to go to Jerusalem." Acts 21:4 (NCV)

DISCUSSION 1: From the six areas listed above, share one area that would represent the area in which you need to rely on his help the most. Or, which of the six areas represents your greatest struggle?

HOW DOES THE HOLY SPIRIT GUIDE: Four of the Most Common ways...

- 1. By revealing the meaning of what He's said.**
"The Helper will come – the Spirit, who reveals the truth. . ." John 15:26 (TEV)
- 2. By reminding us of what He's said.**
"The Helper will teach you everything and will CAUSE YOU TO REMEMBER all that I told you. This Helper is the Holy Spirit. . ." John 14:26 (NCV)
- 3. Giving us nudges and confirmations (mental impressions)**
"God's Spirit touches our spirits and confirms who we really are." Rom. 8:16 (Message)

DISCUSSION 2: Share a time or circumstance about which you obtained clarity, or confirmation, or came to understand the meaning or truth concerning it.

STEPS TO BEING HOLY SPIRIT-LED

1. Pause and Be Still

“Be still, and know that I am God.” Psalm 37:7 (NIV)

“In quietness and confidence will be your strength.” Isaiah 30:15 (KJV)

2. Looked to God’s Word with humility and submission.

“God guides the humble in what is right and teaches them his way.” Psalm 25:9 (NIV)

“Teach me, Lord, what you want me to do, and lead me down the right path.” Psalm 27:11 (TEV)

3. Anticipation and waiting in faith

“Whoever is willing to do what God wants and chooses it will know if what I teach comes from God.” John 7:17 (TEV)

DISCUSSION 3: Which of the above steps do you find to be most helpful in being led by the Spirit?